

Wanted: People Looking for More Joy!

You've Seen Appreciative Inquiry Create Amazing Changes within Organizations—Now Learn to Harness the Power of AI to Transform Your Own Life!

Introducing the Joy of Appreciative Living Workshop

October 2-5, 2008 in Charlotte, NC

Imagine what it would be like to awaken in the morning feeling fully alive and inspired
...being able to find the positive aspects and potential in ANY situation
discovering how to blast past the blocks that keep you from achieving your goals.

Discover what it means to LIVE Appreciative Inquiry and teach others how to do the same!

Join Me for 4 Days & Discover How To....

- Reframe **negative experiences**, & shift your perspective to be more appreciative.
- **Move beyond your limiting beliefs**, & create whatever you want more of in your life.
- Strengthen your **visualization skills**, and practical ways to use visioning every day.
- **See beyond your story** of others in difficult relationships to experience more joy.
- **Find the positive aspects** and potential in ANY situation, & see the "gift" in the difficult ones.
- **Determine what you really want** rather than what you think you want, and why this is important.
- Handle **negative emotions** & downward spirals, and learn to leverage positive emotion.
- Use **appreciative questions** effectively in internal and external conversations.

Not a Lecture. Get Valuable Tools Like...

- A set of **simple practices to shift your thinking** patterns to automatically be more appreciative
- A **tool-kit** that goes beyond paired interviews with new experiential exercises you can use personally & professionally to teach Appreciative Living to others.
- A simple **3 step process** for applying Appreciative Living in any situation, with a laminated summary card for quick reference.
- A **5-year vision** of who you want to be and an experience of what it will be like.
- An appreciative **step-by-step action plan** to move towards your vision.
- A **loaded workbook**.
- A **30-day follow-up program** to anchor your learning.
- A **45-day follow-up call** to answer questions.



*I'm Jackie Kelm, founder and author of Appreciative Living. I'm so confident in what we've put together I'm offering my personal **110% Money-Back Guarantee**. If you don't agree this is one of the best Appreciative Inquiry workshops you have ever attended, I'll refund your full tuition PLUS \$300 for your trouble! There's no way you can lose.*



The Earlier You Register, the More You Save!

To register, call (800) 214-0959, (919) 488-2862, email Workshop@AppreciativeLiving.com, or visit:

www.AppreciativeLiving.com